

Feet: *A Disciple Shares*

1. I feel prepared to briefly share with someone else why I am a believer.
1 2 3 4 5 6 7 8 9 10
2. I regularly invite others to attend public worship, my small group, or other events so that they can be exposed to the message of Jesus and so they can meet other Christians.
1 2 3 4 5 6 7 8 9 10
3. If someone asked me to explain how to become a believer, I could comfortably lead him or her to understand and to make a decision to follow Jesus.
1 2 3 4 5 6 7 8 9 10
4. Our small group (Life Group, Sunday School, etc.) regularly plans ways to reach out to unchurched people.
1 2 3 4 5 6 7 8 9 10
5. I have a burden for those who do not know Jesus and regularly pray for people I know who do not have a relationship with Jesus.
1 2 3 4 5 6 7 8 9 10
6. I am excited about opportunities to learn to share my faith more effectively and am involved in local mission efforts to share the good news about Jesus.
1 2 3 4 5 6 7 8 9 10
7. I have personally participated in a mission trip in the past five years.
1 2 3 4 5 6 7 8 9 10
8. I give generously toward mission efforts in other places, including helping to support church members and other missionaries as they go.
1 2 3 4 5 6 7 8 9 10
9. I attend public worship regularly and have a habit of welcoming and befriending those who may be guests.
1 2 3 4 5 6 7 8 9 10
10. I make a conscious effort to meet new friends in all walks of life and always hope that I will be able to influence them in some way toward God.
1 2 3 4 5 6 7 8 9 10

Add up each section and record the total below. Then add those numbers to record your DiscipleLIFE Total.



Head _____



Heart _____



Hands _____



Feet _____

DiscipleLIFE Total _____

My plan to grow in the coming year:

Head (LEARN): _____

Heart (LOVE): _____

Hands (SERVE): _____

Feet (SHARE): _____



DiscipleLIFE



LEARN



LOVE



SERVE



SHARE

Head: *A Disciple Learns*

1. I regularly read the Bible and seek to apply its teaching to my life.
1 2 3 4 5 6 7 8 9 10
2. I often read books, listen to messages, and/or take other classes to help me grow as a Christian.
1 2 3 4 5 6 7 8 9 10
3. I am an active participant in a small group Bible study (Life Group, Sunday School, etc.)
1 2 3 4 5 6 7 8 9 10
4. I know for sure that I am a Christian and that I have the gift of eternal life.
1 2 3 4 5 6 7 8 9 10
5. I am able to tell others how to become a Christian and the meaning of baptism so that they can understand it.
1 2 3 4 5 6 7 8 9 10
6. I regularly attend public worship, knowing that it is needful for spiritual health.
1 2 3 4 5 6 7 8 9 10
7. I regularly evaluate my words, actions, and attitudes by Jesus Christ—that is, by Christian values and worldview.
1 2 3 4 5 6 7 8 9 10
8. I am able to evaluate books and messages by my own knowledge of the Bible and am making good progress in learning the core doctrines of the Bible.
1 2 3 4 5 6 7 8 9 10
9. People tell me that when I teach, I am able to explain the Bible in ways that make it easier for them to understand.
1 2 3 4 5 6 7 8 9 10
10. I am learning about spiritual disciplines that can help draw me closer to God such as Bible reading, Bible memorization, meditation on the Word of God, prayer, fasting, solitude, simplicity, service, etc.
1 2 3 4 5 6 7 8 9 10

Heart: *A Disciple Loves*

1. I regularly attend public worship, knowing that it is needful for spiritual health.
1 2 3 4 5 6 7 8 9 10
2. I come to public worship expecting to worship God, experience his presence, and hear from him.
1 2 3 4 5 6 7 8 9 10
3. I know that when this life is over I will live with Jesus in the place he has prepared for those who put their trust in him.
1 2 3 4 5 6 7 8 9 10
4. I engage with the music, the prayers, the message, and other elements of the worship service to let God know how much he is worth to me.
1 2 3 4 5 6 7 8 9 10
5. I have daily private worship that includes Bible reading and prayer.
1 2 3 4 5 6 7 8 9 10
6. I practice my prayer life even more in private than I do in public.
1 2 3 4 5 6 7 8 9 10
7. I belong to a small group (e.g., Life Group, Sunday School class) and attend regularly.
1 2 3 4 5 6 7 8 9 10
8. I take a compassionate interest in the others in the group and regularly pray for the needs shared.
1 2 3 4 5 6 7 8 9 10
9. I find that I am experiencing more consistent victory over the known sin in my life.
1 2 3 4 5 6 7 8 9 10
10. I practice a variety of the spiritual disciplines like prayer, meditation, fasting, solitude, simplicity, and service as a way to demonstrate and enhance my spiritual health.
1 2 3 4 5 6 7 8 9 10

Hands: *A Disciple Serves*

1. I am able to identify what I believe are my primary spiritual gifts.
1 2 3 4 5 6 7 8 9 10
2. I use my spiritual gifts for ministry on a regular basis.
1 2 3 4 5 6 7 8 9 10
3. I belong to a small group (e.g., Life Group, Sunday School) and seek to minister to the members in accordance with my gifts and abilities.
1 2 3 4 5 6 7 8 9 10
4. I encourage others to discover their spiritual gifts and to join in ministering to others.
1 2 3 4 5 6 7 8 9 10
5. I perform some kind(s) of intentional ministry through the body of Christ on a regular basis.
1 2 3 4 5 6 7 8 9 10
6. I am sensitive to spontaneous opportunities to minister to others as a way of life.
1 2 3 4 5 6 7 8 9 10
7. I seek to be a good steward by managing in accordance with his word the resources God has given me (time, talents, and treasures).
1 2 3 4 5 6 7 8 9 10
8. I regularly give tithes and offerings to promote the work of God's kingdom as part of my public worship.
1 2 3 4 5 6 7 8 9 10
9. I get a sense of joy and "holy satisfaction" from giving and from performing ministry.
1 2 3 4 5 6 7 8 9 10
10. My ministry flows more out of joyful obedience and love for God rather than from guilt and manipulation.
1 2 3 4 5 6 7 8 9 10

Instructions: on this scale of 1-10, "10" is *most* agreement with the statement; "1" is *least* agreement.