

The Trials of Life:
Two Kinds of Anger

Ancient City Baptist Church—Fred O. Pitts
Sunday Morning, May 29, 2022

James 1.19-20

God's desire for us is that we live righteous lives. Our goal should be the same: to display God's righteousness in the way we live. There are many hindrances to that goal. James specifies a major one: our anger. Dealing with anger is certainly one of the trials of life. Let's learn more about it... and how to handle it.

There are two types of anger: *which is yours?*

GOD'S ANGER



Psalm 103.8-10



John 2.13-17



Romans 12.17-21



John 2.13-17

HUMAN ANGER



James 1.19



Genesis 4.3-7



Romans 12.17-21



Ephesians 4.26

Practical help for controlling man's anger:

- _____ carefully. James 1.19
- _____ before you speak. James 1.19
- _____ your anger. Eph. 4.26, Matthew 5.22-24
- Seek _____ quickly and calmly. Matthew 18.15-17

Dealing with our anger can be difficult, but it is not impossible. God not only tells us how; he gives us help. Trust in him as you seek to live the righteous life you both desire!